

Problem bingo

How problematic are you?



Fake Friends	Jealous	Can't stop saying "like"	Can't stay still	Eats too much
Always depressed	Gets bullied	Not open to change	Picky	Can't stop getting sick
Anxiety	Chews/ bites nails	Free space	Lonely	Has nightmares
ADHD	Eats too little	Has a depressing playlist	Couch potato	Has insomnia
(yes and no)	Wishes you were someone else	Obsesses over random things	Gender dysphoria	Pick me
			Uses self h@rm	